



Colonel By Secondary School

A Message from the Principal...



Members of the Colonel By Concert Band on the beach in Portugal.

21 March 2019

Dear Parents and Guardians,

Don't let tomorrow's weather forecast fool you; today's the first full day of spring! Here are a few announcements and updates for you...

This is not NZ - Colonel By Secondary School and the Ottawa-Carleton District School Board were deeply saddened by the news of a targeted mass shooting at two mosques in New Zealand. The unnecessary and tragic loss of lives is incredibly difficult to understand. At times like this, it is natural for us to feel confusing emotions as we struggle to make sense of this tragedy. For tips on talking with your children about tragedies involving violence, the information in [this link](#) may help to start the conversation. Students are encouraged to visit the Student Services office or speak with members of our Olive Branch Club if they feel they need support at school.

CougarVision - Want to keep up on daily news and information at Colonel By? Check out our daily newscast, *CougarVision*. Each day's announcements and special features are broadcast throughout the school and the posted on the [CougarVision website](#). You can also see past episodes and special features on the *CougarVision* YouTube channel.

Attention Potential Graduates: Have you paid your grad fee yet? Are your IB fees paid up? Please check your SchoolCash Online account to be sure your accounts are in good standing.

Special Schedule - Mar 27, 2019

We have a number of events planned for the day. These events include the Ontario Secondary School Literacy Test, curriculum-based assemblies on Canadian history and Colonel By's commitment to reconciliation with Indigenous peoples, and a wide range of wellness activities connected to our school's Improvement Plan for Student Well-Being.

Grade 9 students will take part in two special assemblies in the morning: [Live History](#) and [TR1BE](#). For the afternoon, students have chosen from a variety of activities that focus on student well-being. For more info, and to sign up, visit www.colonelby.com

Grade 10 students will write the [Ontario Secondary School Literacy Test](#) in the morning. This is an important graduation requirement for all students in Ontario. For the afternoon, students have chosen from a variety of activities that focus on student well-being. For more info, and to sign up, visit www.colonelby.com

Grade 11 IB students will spend the morning preparing their Extended Essay proposals for the 2019-2020 school year. Completion of the Extended Essay is a requirement of the International Baccalaureate Diploma. For the afternoon, students have chosen from a variety of activities that focus on student well-being. For more info, and to sign up, visit www.colonelby.com

Grade 11 Ontario students will take part in two special assemblies in the morning: [Live History](#) and [TR1BE](#). For the afternoon, students have chosen from a variety of activities that focus on student well-being. For more info, and to sign up, visit www.colonelby.com

Grade 12 students will be provided the opportunity to give back to their community by spending the morning volunteering at various locations across Ottawa. Students will choose from Math Games at Le Phare Elementary School, preparing lunch and hope packages at the Ottawa Mission, or spending time with residents at the Revera and Chartwell Retirement Communities. The afternoon will see the Class of 2019 come together at the Nepean Sportsplex for lunch and an afternoon of workshops and leadership games. Participants will travel to and from all events with school-provided transportation.

All students will be back at Colonel By for 3:00pm. For all activities offsite, students must sign up online and complete the appropriate permission forms. All information is available at www.colonelby.com

MARCH 27	AM Block 1	AM Block 2	Lunch	Session 1	Session 2
SCHEDULE	9:15-10:40	10:55-12:20	12:20-1:05	1:05-2:05	2:15-3:15
Grade 9	Live History presentation	TR1BE presentation	Lunch	Activities	Activities
Grade 10	Literacy Test	Literacy Test	Lunch	Activities	Activities
Grade 11 IB	Extended Essay prep	Extended Essay prep	Lunch	Activities	Activities
Grade 11 Ontario	Live History presentation	TR1BE presentation	Lunch	Activities	Activities
Grade 12	Community Service	Community Service	Lunch	Senior Retreat	Senior Retreat

Celebrating Students

CB Bands on the World Stage: Over the March Break, 24 music students and their teachers took part in a musical performance tour of Portugal. Highlights of the trip included outdoor performances with spectacular urban and rural backgrounds, touring sites of musical significance, and exposure to some of Europe's finest architecture. Many thanks to Mr. Richardson, Mr. Nurse, Ms. Case and Mr. Gray for offering this unforgettable opportunity to our students.

Coffee House: Earlier this month, students and staff took part in our annual Coffee House, an evening of casual musical performances in a cozy café-style atmosphere. Thank you to all the performers!

Chicago! This year's musical was a phenomenal hit! With more than 100 performers, crew members and supporters, our all-student cast and jazz band lit up the stage with vocals, dance, drama and comedy. Bravo! Our Friday performance was attended by the Cappies Critics. Watch the [Cappies website](#) for the upcoming review of our show.

CB: A National Leader: This year, the Federal Government's *Action Plan for Youth by Youth* includes an initiative to publish a document in support of the national dialogue series on LGBTQ+ health and wellness. The Centre for Global Education (CGE) manages the project and this year designated Colonel By as one of ten national leaders in the program! As a national leader, CB participated in the CGE dialogue throughout the fall and winter and our students attended an in-person culminating activity in Edmonton. Under the leadership of Mr. Cam Baird, our school's relationship with CGE continues to evolve and we have become important contributors to the Centre's many projects and initiatives. This year's publication, *The Pride Guide* will be presented in Ottawa this fall.

Nordic Ski Team OFSAA Success: Colonel By nordic skiers qualified for the provincial championships this winter! with 16 of our athletes earning ribbons in a variety of events. Province-wide results for CB: Sr Boys: 6th in Distance, 8th in Relay; Sr Girls: 8th in Distance, 8th in Relay; Jr Girls: 8th in Distance, 8th in Relay. Individual results: Will Cox (grade 12): 7th in Sr Boys; Paige Saravanamuttoo (grade 9): 5th in Jr Girls Open. Special mention to Bryan Lee (grade 10) who learned to ski only 100 days before coming in 35th in the province!



OFSAA Gold! Congratulations to the TEN Colonel By swimmers whose local and regional successes propelled them to the provincial OFSAA championships! Kayla Whitehead (grade 12) capped off a phenomenal high school swimming career with a gold medal performance in the 200m Individual Medley event. Congratulations to Kayla and her other nine teammates who represented Colonel By with distinction.

Until next time. Thanks for sharing your Cougars with us every day!

Sincerely,

Steve Spidell, Principal

www.colonelby.com | 613-745-9411
Follow the Principal on Twitter @ColByPrincipal