

Colonel By Secondary School

A Message from the Principal...

4 March 2019

Dear Parents/Guardians,

Here are a few updates and important pieces of information for this week.

Community Involvement - All students are reminded that completion of 40 hours of community involvement is a graduation requirement for students in Ontario. The OCDSB has released new guidelines for completion of the hours. For information about eligible activities, click [here](#). Visit your Guidance Counsellor if you have questions.

Cannabis and Vaping - Parents are encouraged to talk with their teens about cannabis and vaping. These activities, while increasing in popularity, are shown to have significant effects on brain development in youth. They are also illegal for students of high school age. Students may not carry or use cannabis on school property, regardless of their age. Vaping may only take place in designated smoking areas off school property, and only by those legally-permitted to do so. If you or your child have questions or concerns about cannabis or vaping, consider talking to a Guidance Counsellor for a referral to our Rideauwood_counsellor. Please see these helpful fact sheets for more information:

[Parent Fact Sheet Cannabis](#)

[Parent Fact Sheet Vaping](#)

School Graduation Celebrations - We would like to inform parents/guardians and provide clarification related to secondary school graduation celebrations. At CB, we are honoured to host two separate celebrations for our graduates> The Graduation Breakfast for students will take place in late May or early June.

Commencement takes place on June 26, 2019 at 10:00am for the graduating class of 2019 and their parents. The ceremony will take place at Adult High School, 300 Rochester Street.

Prom is the dinner dance and "after party" organized by a student committee which determines the location and the cost. This is NOT a school-sanctioned event, and school staff will NOT be present during the evening. An external event company has assisted student organizers. Details of the event are being shared here to ensure that all graduates and their families have accurate information. We encourage families to have conversations regarding the safe enjoyment of Prom events and for parents to know their graduate's plan for the evening.

Upcoming Events

Coffee House (Mar 7, 2019 - 5:00-7:30pm)

Students, parents and community members are invited to an evening of live music and good food, while contributing to a good cause. Student performances will showcase musical talent from all grades. Purchase a bowl of chili (meat, vegetarian and vegan options available) and other snacks throughout the evening. Admission is \$5 and all profits will be donated to our adoptive school in Nyeri, Kenya and to the Wema Centre Orphange in Mumbasa.

Colonel By Bands' Performance Tour of Portugal (March Break 2019)

We wish the members of the Colonel By Instrumental Music Program the very best as they represent our school on a performance tour of Portugal. Students will visit a number of schools and perform in some unique locations during their ten-day trip.

Celebrating Student Success

Congratulations to Samantha Lin (grade 12) on receiving the Global Community Alliance Youth Achievement Award! Samantha was one of three students recognized across the District for their demonstrated leadership, contributions to the community, and respect for diversity.

Colonel By entered four music ensembles at the Ottawa MusicFest competition on February 23 and each of them won a gold rating in their category! This competition is the highlight of the school's musical year. Students get to perform in an excellent music venue and perform with their peers and professionals. The festival adjudicators also work with the students in a clinic after the performance. Congratulations to all of the performers who represented Colonel By so well under the leadership of Mr. Richardson, Mr. Nurse and Mr. Gray.

It looks like Colonel By set a Guinness World Record with its whole-school movie trivia challenge on February 27. More than 1000 students and staff

participated in the event which served to raise awareness about bullying as part of Kindness Week and Pink Shirt Day 2019.

www.colonelby.com | 613-745-9411
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