



Colonel By Secondary School

A message from the principal....



Colonel By took the win in Senior Combined Nordic Ski at the NCSSAA City Championships. These athletes, and many others are going to OFSAA!

11 Feb 2020

Dear Parents and Guardians,

We've recently crossed the halfway mark of the school year and our students and staff

are very much focused on course selections for 2020-2021. Students are reminded to have their course selections completed and their confirmation pages delivered to Student Services no later than February 21st. Late submissions may reduce course availability and timetable flexibility. For assistance with course selection, visit the Student Services Department.

Here's some other important news and announcements:

Yearbooks - It's not too late! - The 2019-2020 yearbook is still on sale. There are only 52 copies remaining and once they're gone, they are gone and you won't have a Colonel By keepsake for this school year. You can purchase your yearbook at [School Cash Online](#). They're going quickly so don't miss out!

Nokia Internship Opportunities - Students interested in a summer internship with [Nokia's FutureTech Summer Internship Program](#) may submit applications until March 22nd. Check out this [testimonial video](#) which features three Colonel By graduates: Neha George (Class of 2019); Areena Akhter (Class of 2019); and Jeffrey Ben (Class of 2019).

CB Awarded a Quality Daily Physical Education Award - Earlier this month, Colonel By's Athletics Department was awarded the Three Star Quality Daily Physical Education Award from [PHE Canada](#). This award celebrates Colonel By's commitment to quality daily physical activity and recognizes our staff's commitment to advocating for healthy and active youth in our school.

Do you have a gently-used washer and dryer you no longer need? - If yes, we'd be happy to take them off your hands! Our current equipment is quickly nearing the end of its service life and we soon won't have anywhere to wash uniforms and athletic apparel. Please contact the Main Office if you're interested in helping out!

Student Senator for 2020-2021 - Congratulations to Joy Liu (gr 11) who will serve as Colonel By's Student Senator for next school year. Joy will join representatives from every other secondary school in the OCDSB to bring student voice to the policy- and decision-makers in our District.

OCDSB-France Student Exchange - Students may apply for a two- or five-week exchange with a student from France during the 2020-2021 school year. For more information, check out these documents or speak with a guidance counsellor at Colonel By:

[France 2020-21 Information Flyer.pdf](#)

[Ottawa - France 5 Week Exchange Aix-Marseilles Exchange promo.pptx](#)

School Council

Next Meeting: Tuesday February 18, 2020 at 7:00pm in the Learning Commons. School Council meetings are open to all parents, students, and community members. Spend time with other parents and guardians, share your vision for the school with the Principal and learn about the many ways you can be a part of the Colonel By Cougar Community! For meeting dates and other information, visit the [School Council web page](#).

Celebrating Student Success

OSSTF Student Achievement Award - Sophia Andia (gr 12) has won this provincial-level award for a piece of creative writing she submitted. Her piece, *Une Ode Aux Vergetures*, passed three levels of judgement and took first place in her category, province-wide. Sophia's achievements will be celebrated at an awards ceremony in Toronto and she will collect a \$1000 prize!

Generation SDG (Feb 15, 2020 - 10:00am-4:00pm, Horticulture Building at Lansdowne Park) - Aryan Bajpai (gr 12) is one of ten CB students serving as a United Nations Association in Canada Ambassador for Generation SDG, a federal government-funded initiative that seeks to inspire young leaders to kickstart their own projects in the community, based on the [United Nations Global Goals for Sustainable Development](#). On Saturday, students from across the region will participate in a summit to showcase their initiatives. The event is open to the public. For more information, click [here](#). To RSVP for the event, click [here](#).

[Gen SDG Summit Poster.pdf](#)

DECA Ontario Provincial Competition - Congratulations to CB's DECA Team on an incredible performance at the provincial competition in Toronto last weekend. Our Cougars brought home 32 medals and 4 plaques!

Success on Skis - Yesterday, our Nordic Ski Team cleaned up at the NCSSAA City Championships, bringing home a pile of medals and securing a berth for 23 Cougars at OFSAA next week! Congratulations to:

Junior Girls Relay: GOLD | Junior Boys Relay: GOLD

Junior Boys Relay: SILVER | Senior Combined: WINNERS

Aidan Ng-A-Fook (gr 9): GOLD in Junior Boys High School

Louis Zhang (gr 12): GOLD in Senior Boys High School

Paige Saravanamuttoo (gr 10): SILVER in Junior Girls Open

Sarah Rab (gr 12): SILVER in Senior Girls High School

Community News

Griffins Lacrosse - The [Gloucester Lacrosse Association](#) is a not-for-profit youth sports organization run by parents and volunteers. Registration for the Gloucester Lacrosse Association is now open for the 2020 season for all boys and girls born between 1999-2017. Learn to play Canada's national summer sport and the fastest game on two feet! Early bird rates apply until March 15 and the first 75 new-to-lacrosse players receive a free lacrosse stick. For more information, visit the Gloucester Lacrosse Association website.

Want to be Mayor For A Day? - Mayor Jim Watson has launched his annual [Mayor For A Day Contest](#). This contest is open to all Ottawa high school students in grades 9 to 12. Participants are required to submit a YouTube video or essay about their vision for Ottawa over the next 50 years, for their chance to shadow Mayor Watson throughout the day. Submission deadline is February 29th. For more info, visit the Mayor For A Day website.

Toonies for Tummies - During the Toonies for Tummies campaign, Metro, Food Basics and Sobeys stores collect funds to support the [School Breakfast Program](#) run by the Ottawa Network for Education (ONFE), of which Colonel By is a member. These

retailers will run Match Days where they match customers' donations to ONFE. Metro and Food Basics Match Days: Feb 8 and Feb 15; Sobeys Match Day: Feb 22.

Hope to see you at Parent-Teacher Interviews on Thursday evening. Appointment request forms were distributed with grade 9 and 10 report cards and are available for downloading at www.colonelby.com



Just a reminder that you can always catch up on daily news and information by visiting our [CougarVision page](#).

Sincerely,

Steve Spidell

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Follow the Principal on Twitter @ColByPrincipal